

## FAITH SHARING GUIDELINES

Because of the intimate nature of a small prayer group, a faith sharing group, it is very important that each member of the group understands the elements of a small group "etiquette". For that reason we offer the following:

1. We accept one another as we are.
2. We share our struggles, successes, joy and pains.
3. We are honest. We set free the "true self" or real me, hidden behind the false self.
4. We listen with every ounce of energy we have whenever someone else is speaking.
5. We never criticize or condemn what others share.
6. We gather to care, not to cure or remove the crisis or pain. God does the healing.
7. We share in our own words. We share experiences from our own lives not abstract ideas.
8. We never give advice.
9. We are always free to remain silent if we wish.
10. We hold the content of personal sharing as sacred and absolutely confidential. Always trust one another completely.
11. We share speaking time so that one person does not monopolize the allotted time.